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**B.C.M.**

**COLLEGE OF EDUCATION**

Accredited by NAAC with 'A' grade with a CGPA of 3.10  
P.G. College Recognised by NCTE, RCI, UGC under 2(f) & 12 (B)  
& Permanently Affiliated to P.U. Chandigarh  
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BCM College of Education, Sector 32-A, Urban Estate, Chd. Road, Ludhiana

2018-2019


**BEST PRACTICE-I**

**1. Title of the Practice:**

Kind Heart Movement

**2. Objectives of the Practice:**

- To inculcate the sense of social service amongst volunteers.
- To develop the sense of cooperation, coordination, sharing and caring amongst volunteers.
- To extend helping hand to the needy section of the society.
- To build a society full of resilient, self-dependent and contented individuals.
- To create a strong value system amongst youth of nation.
- To contribute towards sustainable growth and development of society by implementing the concept of recycle and reuse.
- To create a happy and peaceful world by bringing smiles on the marginalized section of society.
- To lead to optimum utilization of the scarce resources available in the society.

  
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### **3. The Context of the Practice:**

India is a country which is known as the second most populous country in the world. Ours is a great country having different cultures, castes, creed and religions but still, they live together.


It is known for its heritage, spices and of course, for people who live here. That's the reason India is famous for the common saying of "unity in diversity". Diverse population of the country faces a major problem of unemployment and is forced to live below the poverty line. At present, 60 per cent of India's population or an estimated 812 million people live below that poverty line. They are not even able to meet their basic needs of food and clothes. Innumerable NGOs and charitable organizations function selflessly to help the marginalized segment of the population. Believing in the philosophy of Lord Krishna that this whole world is a global village 'Vasudhaiv Kutumbkam', BCM Family took the initiative to serve the community selflessly and contribute towards sustainable growth and development.

### **4. The Practice:**

- NSS Wing of the college commenced a unique initiative titled 'Kind Heart Movement' in which all the students of the college donated clothes, toys etc. for the needy people living in slums or on roads. The things collected were later on distributed among people belonging to deprived sections of the society.
- Faculty and students participated wholeheartedly to serve the community by sharing and caring for the marginalized section of society so that they can also fulfill their basic requirements of at least food and clothes.

### **5. Evidence of Success:**

Reuse and recycling of the material helped to create a sustainable environment where everyone can breathe in a pollution-free environment and live a healthy and long life.

  
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A step towards creation of a healthy and happy society was taken. People whom our volunteers approached in the society were extremely happy and contended. No doubt our initiative to help the needy section of the society was just like a drop in the Ocean but it changed thought process of many people who observed us engaged in such a pious deed and they too started extending a helping hand to the needy.

**6. Problems Encountered & Resources Required :**

No major obstacles were faced during the movement. One of the obstacles was to find out the suitable places where material can be distributed aptly because it was very important to see the available resources and the segment of society which can really get benefitted by its usage. Human Resource were required to put their efforts wholeheartedly to come forward for collection and distribution of the material like old clothes, toys, stationery items, foot wears, eatables etc.

**BEST PRACTICE-II**

**1. Title of the Practice:**

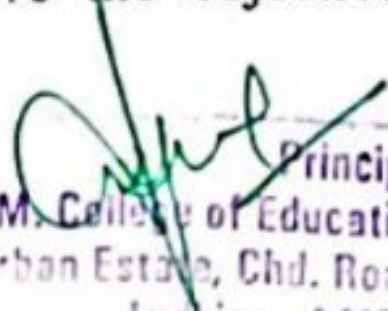
Community Promotional Activities

**2. Objectives of the Practice:**

- To create a sense of cooperation integration and unity among the students
- To motivate the students to take better participation in the developing community programs
- To develop the idea of ability and better thinking to work for the betterment of community.
- To develop democratic leadership among students through their participation in community programs

**3. The Context of the Practice:**

To achieve the objectives, Students are motivated to participate in community

  
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activities. Throughout the session various activities were organized to build confidence and inculcate social values and discipline among pupil teachers

Community work is a planned process to mobilize communities to use their own social structures and resources to address their own problems and achieve their own objectives. Community work focuses on participation and fosters empowerment, emancipation and change through collective action.

#### 4. *The Practice :*

##### *Visit to Braille Bhawan*

A team of 17 students of B.Ed. Special Education (Sem-I) along with Mr. Obaid Anwar, Asst. Prof. (B.Ed. Special Education) visited Braille Bhawan, Jamalpur, Ludhiana on Oct. 12, 2018 where students had the opportunity to observe children with Visual disabilities. Mrs. Paramjeet Kaur, Principal interacted with the students. It was an excellent chance for the students to witness the methodology of teaching adopted by teachers, Infrastructure, Special equipment, Accommodations and Modifications in the environment tailored to meet the special needs of the Visually Impaired Children.

##### *Visit to GRID*

On November 12 2018, B.Ed special education pupil teacher along with class incharge Mr. Obaid Anwar and Dr. Sangeeta Arora visited educational visit to Government rehabilitation Institute for intellectual disabilities (GRID) sector-31C Chandigarh. It is the institute that cater the needs of intellectual disable population and helping them for rehabilitation. Pupil Teachers encountered all the section of grid. It was really knowledgeable, practicable and ever wondering experience for all of them.

##### *Community Work at Bal Bhavan*

As per the prescribed syllabus by RCI Norms, The Pupil Teachers of B.Ed. Special Education IVth Semester along with other B.Ed. General Students visited Bal Bhavan Sarabha Nagar Ludhiana on 5th April 2019. They performed their duties as Social Workers and spent their quality time with those habitants at Bal Bhavan.

  
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### ***Community Service Programme***

Community Service Programme was organized for B.Ed. Students, BEd. Special Education & M.Ed. students to sensitize the would be teachers regarding their responsibilities towards the society. The students very devotedly offered their services at the seven centers short listed for the Community Service Programme'. The list of community centers undertaken for the aforementioned programme is as below:

<b>Name of the Community Center</b>
Old age Home, Model Town
Deaf and Dumb School, Kitchlu Nagar
Mother Teresa Home, Jalandhar Bypass
BalBhawan Red Cross
Vardaan School, BarewalAwana
Darpan (Center For Autism)
Baba Pritam Singh Virdh Ashram, Rahon Road

#### ***5. Evidence of Success:***

Community Promotional Activities are organized to sensitize pupil teachers towards the service to community. Pupil Teachers visited various Community Rehabilitation Centers and rendered their service which in turn inculcate the social values and make them responsible citizens. The evidence of success can be observed from the fact that students adopt such activities throughout their lives by celebrating their important days with old aged people at Old Age Homes, Braille Bhawan or other centers with CWDN as well as Orphan Homes. Such gestures help them to serve the humanity and develop as a human with integrated personality. Students serve these centers by offering their services like organizing workshops, buying their handmade articles, by recording subject matter to help blind students in their studies and distributing clothes and sweets to them.


#### ***6. Problems Encountered & Resources Required:***

- Problems are faced in seeking permission to visit such community institutions.
- Deciding the visiting dates takes lots of energy on the part of the teacher incharges as well as head of the institutions as they have to shuffle the time table of special institutions.
- Students meeting CWDN in the various special institutions make them emotional to

  
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see their hardships.

- It is not possible to take them to all the various institutions for community promotional activities.
- Transport facilities are required to visit faraway places.

  
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